



## THE INSIDE EDGE



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## Welcome Back!

We are so happy to see our skaters back on the ice!

Our *Learn To Skate* program has brought us many new skaters this season to add to the many happy faces we've seen return to the ice!

Our Freestyle skaters are all setting their goals and working hard with their coaches and with each other to obtain them. It's awesome to see how nice our skaters work together!

We look forward to a wonderful 70th anniversary season with all of you!

## CFSC LTS Challenge & Exhibition Night

November 1st is our annual *Learn To Skate Challenge and Exhibition Night!*

Every fall we hold an in house competition for our LTS kids. The competition is comprised of only our skaters and our coaching staff does the judging. It's a very low key, fun event that ends with all of our small people standing on the podium!

Following the competition part of the evening will be the Exhibition! The exhibition skate is an opportunity for our skaters to perform their programs (to music) on their home ice. It's always fun to watch and the encouragement from the other skaters waiting in the well is fantastic! We typically get a lot of freestyle skaters but we would *LOVE* to see more LTS skaters in the exhibition. If your little skater would like to perform to music talk to a coach ASAP so you can start working on a program!

This Friday night event is easy fun for all of our skaters - no special attire required - just their smile!



By Delanie Roberts

**9 year old Freestyle skater Delanie interviewed her grandfather Matt Bohn this summer. Mr. Bohn is a former CFSC Treasurer and Ice Show Chairman.**

Q- What years were you the ice show chairman?

A- close to 15 years

Q- How did you become involved with the CFSC?

A- Uncle Matthew and your mom started skating in Clinton. Uncle Matthew left the CFSC to play hockey and your mom continued to skate. Eventually, we were recruited to volunteer

Q- How many years have you been with the CFSC?

A- Over 40 years

Q- What is it like to run the Ice show?

A- It's a lot of work and you have to be very fair to everyone involved and at the same time it was a lot of fun

Q- What is your favorite part of the ice show?

A- Watching everyone come together to work and have fun

Q- is being the chairman hard or easy?

A- Very hard and time consuming

Q- Which Ice show theme was your favorite?

A- So many but, I really liked the "Ice Heist"

Q- What were your responsibilities for the show?

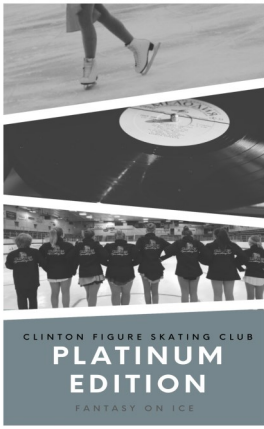
A- Overseeing and coordinating all facets of the show. And very importantly getting new people involved

Q- How many number did you have on the show?

A- At one time we had 400 members and were right around 25 numbers and we tried to keep the show a little over 2 hours

Q- How many days did it take you to plan the ice show?

A- We started planning for the next years show the week after the show ended



# Ice Show News

## Clinton Figure Skating Club's 70th Annual Fantasy On Ice Show Platinum Edition

This season's show will celebrate it's 70th appearance on the ice by featuring platinum music from each of the seven decades we've been teaching athletes the beauty that is figure skating

The cast list will be posted in early December—keep an eye out for it!

*\*Requirements for this year's 2020 show are detailed on the following page.*

### Costume Help Needed (\*\*No Sewing required)

Before you know it we will be selecting costumes for the different show numbers, and each costume requires a Chairperson. The Chairperson simply makes sure that each child has been fitted for a costume, their name has been put inside of it and then lets our Costume Chairs, Michelle Batson and Rebecca Kelly, know what needs to be done to them (sewing, alterations, sparkles added etc.) **\*\*A Costume Chair does NOT need to know how to sew!** If you are interested in helping this season please let us know. A sign up sheet will be posted on the club room door in November but please let Michelle or Rebecca know now if you want to help. THANK YOU!



### Costume Show on FaceBook

Have you been following our Costume Extravaganza on FaceBook?!

In August, we began featuring costumes from the giant costume rooms upstairs. Every Tuesday and Thursday at 6pm a new costume is featured. We will do this all season right up until the day of our 70th show!

If you haven't already - Check it out!

### Alumni Wanted

Every few years we shine the giant figure skate in the sky and call our alumni home to take part in our show. We LOVE when our former skaters rejoin us. If you were a CFSC skater and are interested in being in this year's production, please email the club ASAP so we know how many to plan for.

We can't wait to see you again!

## 2020 Ice Show Requirements

Skaters must be in good standing with CFSC and full/joint members of CFSC by September 2019.

### Group Numbers

#### Learn to Skate Numbers:

Learn to Skate 1 through Freestyle 4 ice show placement will be determined immediately following the first test session in November. The ice show committee may also consider age and height as factors when determining placement.

#### Low Freestyle Group Numbers:

Skaters who have passed Freestyle 4 and/or completed the early moving up requirements by the November LTS test session.

#### Middle Freestyle Group Numbers:

Skaters who have passed USFSA Preliminary Moves in the Field and USFSA Preliminary Freestyle by November 2019.

#### High Freestyle Group Numbers:

Skaters who have passed USFSA Intermediate Moves in the Field and USFSA Juvenile Freestyle by November 2019.

### Featured Skaters

\*\*\*\*In an effort to continue to have our skaters remain competitive, the ice show committee has adjusted the requirements for featured performances. The elements for eligibility remain the same, however the format in which they are tested has changed. Ice Show should not be determining a skater's competitive level. It is up to the coaches and their skater to determine at what level a skater should be competing. Their competitive level should not determine their ability to produce an ice show worthy performance.

#### Solo: Eligible skaters must

1. Have been a full registered member of CFSC in the prior 2018-2019 season
2. Are registered as a full member of CFSC by September 2019
3. Passed Intermediate Moves in the Field by November 1st 2019

(Novice Moves in the Field Test is temporarily suspended for the 2020 Ice Show)

4. Passed USFSA Intermediate Freestyle by November 1st 2019

Or

Passed Intermediate Freestyle inhouse test session (date to be determined - October) \*

#### Feature, Duet or Step Out: Eligible skaters must

1. Have been a full registered member of CFSC in the prior 2018-2019 season
2. Are registered as a full member of CFSC by September 2019
3. Passed Juvenile Moves in the Field by November 1st 2019

(Intermediate Moves in the Field Test is temporarily suspended for the 2020 Ice Show)

4. Passed USFSA Juvenile Freestyle by November 1st 2019

Or

Passed Juvenile Freestyle inhouse test session (date to be determined - October) \*

*The feature, duet or step out will be at the discretion of the ice show committee.*

**The Select Number:** If the Ice Show committee decides to have a select number, any 2019-2020 registered full members of the CFSC can try out.

\*CFSC will provide a testing session before USFSA judge(s) in October to determine feature, duet or step out placement. Skaters will need to meet all of the qualifications needed for the test level they wish to take. A testing fee may apply. Every effort will be made to find a date that works for all eligible skaters. No alternate dates will be granted.

\*\*Ice Show requirements are reviewed annually and subject to change each season.

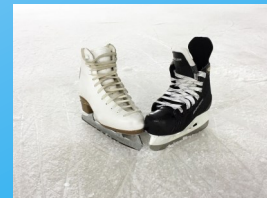
\*\*\* Individual and feature skaters are responsible for their own costume and for hiring a coach to choreograph the numbers. Choreography professionals must be pre-approved by the ice show committee.

## Power Skating

Our Power Skating class was a new addition to this season being offered to both Bridge & Freestyle level skaters as well as Clinton Youth Hockey. Power Skating is essential to develop, learn about and understand skills such as edges, blade awareness, turns, pivots, body control, and transitional skills. All crucial to the developing young skater. Coach Sam along with Intern Renee have been successfully working with these students in this innovated new class.

A lot of these moves our coach is working on are things hockey players spend little if any time on and you see them struggling a bit at first - but eventually getting the hang of it. For our skaters, they *live life on the edge* so for them, this class offers further practice on the fundamentals of skating that are so very important.

We look forward to what's to come!



## 70th Anniversary Badge

Did you get your commemorative 70th anniversary badge when you registered?! If not, please make sure that you get yours at your next lesson - they're cute and another piece of Clinton history!

Coaching staff, make sure you stop and grab yours as well!

## Upcoming Dates

CFSC Testing Session - October 25

CFSC LTS Challenge & Exhibition Night - November 1

LTS Hockey Starts - November 2

Port City Invitational - November 9

CFSC LTS Testing - November 18

29th Annual Skaneateles Invitational Dec 6, 7 & 8

CFSC Testing Session - January 10

NH Competition - January 11

Comets Game Synchro Exhibition - January 24

ESWG - January 30, 31 & Feb 1

CFSC LTS Testing - February 3

Skate Challenge of CNY—March 14 & 15

CFSC Elections - March 24

CFSC Fantasy On Ice - March 27, 28 & 29

CFSC Year End Banquet - April 25

## Committees

We have various club and Ice Show committees that could always use volunteers. If you are interested in helping out in any capacity please let us know! We Love Help!

### Club Committees:

Learn To Skate

Communications/Publicity

Club Events

Competitions/Sanctions & Tests

Governance

Homeschool

Ice Show

Membership

Monitors/Volunteers

Parent/Skated Education

Special Olympics

Synchro/Theater On Ice

SafeSport /Injury Prevention

*"I like skating because I like when I go fast and I just glide like this" (& she tried to do swizzles) - Calista Campos, age 5*



We do our best to keep you informed of EVERYTHING you need to know so check your email regularly, follow us on Facebook and our website has a lot of information