

# THE INSIDE EDGE



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## We're Back!

After an unusual start to our season due to the Hockeyville celebration, our skaters are back on the ice full time - and boy is it good to be back!

Our *Learn To Skate* program has brought us many new skaters this season to add to the many happy faces we've seen return to the ice!

Our Freestyle skaters are all setting their goals and working hard with the coaches and with each other to obtain them. It's awesome to see how nice our skaters work together!

Because of our unconventional start to the season, we are still trying to get some new ideas and new programs up and running - but we do have more to offer! Stay Tuned!

## HOCKEYVILLE USA!

### Hockeyville Winning Weekend



Can you believe the celebration we just had?! Our Local Organizing Committee (LOC) and especially our representative, Kevin Lloyd, worked very hard to put on an amazing 4 days of fun.

The arena received it's trophy and monetary prize during the NHL Pre-season game and now that the celebration and commotion have come to an end, we should start seeing the wonderful changes ahead for our hometown arena.

We thank you for your patience as there were a lot of email and FaceBook communications as well as the interruption to the beginning of our season, but it's safe to say, it was all worth it! Memories were made and we hope that all of you enjoyed our reign as Hockeyville USA!!



## Ice Monitors Needed!

Every season we offer the opportunity to our skaters to volunteer as Ice Monitors. Ice Monitors help out our newer skaters during the practice ice times of Learn To Skate lessons and often are asked by our coaches to assist with the lessons.

Monitors must be at least 12 years of age and a Freestyle level skater.

Our Volunteers will be able to earn hours they need for academic requirements and get more time on the ice and with our coaches. They will also have the opportunity to become role models for our younger skaters and are recognized at our annual banquet. It's a win - win situation for everyone!

If you are interested in volunteering this year please contact Laura Garramone



## Introducing Our **New** Coaches

This season we are pleased to have added 3 new coaches to our already talented staff! Two former CFSC skaters and the Co-Captain of the Hamilton College Figure Skaters. To learn more about our new coaches please visit our website under Professional Staff.

<https://clintonfsc.com/professional-staff.php>



Geordan Holmes



Lilly Delle-Levine



Tammy Lloyd

## Parent Education Meetings

We had to delay our Learn To Skate Parent Education Meetings until the week of October 15th. These meetings are usually only about 15 minutes and just a touch base with parents on what to expect from their skater's season, as well as answer any questions you might have.

We will have a separate meeting with Bridge Skater parents explaining what the program is and what to expect next!

- ⇒ Mon, Oct 15 - 5:45pm LTS
- ⇒ Tues, Oct 16 - 5:45pm LTS
- ⇒ Wed, Oct 17 - 5:45pm LTS
- ⇒ Wed, Oct 17 - 6:00pm Pre Free/ Bridge

If you have a skater in the Learn To Skate or Bridge program, please plan to attend one of these meetings.

## Synchronized Skating News!

Our synchro kids are well underway for their new season! The Silverettes are hoping to compete at the Skaneateles Figure Skating Invitational the weekend of Nov 30 as well as the Empire State Winter Games in February.

The Shooting Stars class has just begun their season with high hopes of learning technique and focusing on skill-building as the future of CFSC Synchronized Skating!





# ICE SHOW NEWS

Clinton Figure Skating Club's

*69th Annual Fantasy On Ice Show*

## It Takes A Village

Hot on the heels of this Hockeyville year, our show will continue to celebrate our community! The show will highlight all of the things that make Central New York so unique as well as embracing those steadfast things that every great town needs and depends on. After all, it takes a village to raise these kids and these skaters!

\*\*Our committee meets regularly all year long to brainstorm and create new ideas and opportunities for our skaters. If you would like to be a part of the committee, or just sit in on a meeting to learn more about what we do and what needs to be done, please let Brenda Torruella know at registration and she will invite you to the next meeting. We are always welcoming fresh ideas and new faces!

### Costume Help Needed (\*\*No Sewing required)

Before you know it we will be selecting costumes for the different show numbers, and each costume requires a Chairperson. The Chairperson simply makes sure that each child has been fitted for a costume, their name has been put inside of it and then lets our Costume Chairs, Michelle Batson and Rebecca Kelly, know what needs to be done to them (sewing, alterations, sparkles added etc.) \*\*A Costume Chair does NOT need to know how to sew! If you are interested in helping with this this season please let us know. A sign up sheet will be posted on the club room door in November but please let Michelle or Rebecca know now if you want to help. THANK YOU!





## Life Of A Figure Skater

**My Life of a Figure Skater** By: Hazel Torruella  
Age 11, Freeskate 2

It is a lot of fun being a figure skater. A lot of people say, "What sport do you play?" and most people say things like soccer, football, and basketball. When I say skating, most people think of hockey. But when I say "No, figure skating, with all the fancy jumps and spins," they say "Cool." And figure skating is cool. I take that back. It's awesome!

When I first started, I fell flat on the ice. Bam. I would spend ten minutes trying to stand up. I would finally succeed, then fall again in five seconds. But, I kept going and now I'm here today, writing this essay. I kept working at it. Before, I was struggling to do things like hockey stops, and now I'm working on salchows.

Ice Show is my favorite time of year. The costumes, the programs, the music, and the performance. It's just so much fun to be with your friends performing for an audience. I love it all! And Hockeyville was so much fun this year!

Skating is such an important part of my life and I don't know what I'd do without it!

**My Life of a Figure Skater** By Annika Heacock  
Age 16, High Freestyle

Hi, my name is Annika Heacock and here is my life as a figure skater. I have been skating for about 11 years and I started at the age of 6. The first time I ever went skating I spent more time on my butt than my feet but it was so much fun I told my mom I wanted to take lessons. I remember all my firsts throughout the years, my first spins, jumps, axels, doubles, my first skates dresses and even my very first Zuca. Everything always felt so natural on the ice and soon the arena became my home. As I got older I moved up in levels and currently I'm working on my novice moves, intermediate freestyle and silver ice dances. I volunteer with the Learn To Skate and Special Olympics lessons and it's one of my favorite things getting to teach kids and watch them progress and improve with a smile on their face even if they fall sometimes.

My favorite time of the season is ice show time because I get to skate with all my friends and the basic skills kids I've helped during the year but it's also the saddest because we have to say goodbye to all the seniors which is even scarier since I'm a junior this year. I am always the happiest when I skate because I can forget about everything especially school. Some of my favorite things were getting to skate with my best friend and cousin Renee Potasiewicz and getting to feel like I'm flying. I have to thank my family, friends and coaches for always being there to help me up especially when I get injured. Ellen Moon will always be my coach even if she can't teach me anymore because she was one of my first coaches and I will be forever thankful to her for helping me get to where I am now. It's even better when I get to see her in school and call her Ellen instead of Mrs. Moon because people look at me like I'm nuts but most skaters are anyway, especially me and everyone knows it!

My one tip to all skaters young and old is to never give up no matter what, you will get scars and bruises and maybe even ER trips like me ( hopefully not) but always try your best. Never say you can't because one day you will and it will be the best feeling ever especially when you have friends and people to share it with. Always believe in yourself and just go for it; but be careful and don't slice your knee on a leap of faith like me! Good luck to all skaters this year I hope we get a chance to talk this season!

## Upcoming Dates

Learn To Skate Exhibition Night - Nov. 2  
 Port City Invitational - Nov 10 & 11  
 Skating Club of Central New York Test Session - Nov 12  
 Skaneateles Figure Skating Invitational - Nov 30 - Dec 2  
 CFSC Testing - Jan 18  
 SC of New Hartford Competition - Jan 19  
 2019 Empire State Winter Games - Jan 31 - Feb. 3  
 Skating Club of Central New York Test Session - Mar 8  
 Cicero Skate Challenge - Mar 9 - 11  
 Fantasy On Ice Show - Apr. 5, 6 & 7  
 Skating Club of Central New York Test Session - June 15  
 Skating Club of Central New York Test Session - Aug 18

*"I like figure skating because when I get to the ice rink I think home sweet home. When I get on the ice I like to feel the breeze in my hair. When I spin I'm filled with so much passion and I love when I go so fast. I just love the feeling of figure skating!!!"*

*- Love, Rebecca Barry*



## Committees

We have various club and Ice Show committees that could always use volunteers. If you are interested in helping out in any capacity please let us know! We Love Help!

### Club Committees:

Learn To Skate  
 Communications/Publicity  
 Club Events  
 Competitions/Sanctions & Tests  
 Governance  
 Homeschool  
 Ice Show  
 Membership  
 Monitors/Volunteers  
 Parent/Skated Education  
 Special Olympics  
 Synchro/Theater On Ice  
 SafeSport /Injury Prevention

We do our best to keep you informed of EVERYTHING you need to know so check your email regularly, follow us on Facebook and our website has a lot of information

## 2019 Ice Show Requirements

Skaters must be in good standing with CFSC and full or joint members of CFSC by September 2018.

### Learn to Skate Group Numbers:

Learn to Skate 1 through Freestyle 4. Ice Show placement for Learn to Skate Levels will be determined immediately following the first test session in November. The Ice Show committee may also consider age and height as factors when determining placement.

### Low Freestyle Group Numbers:

Skaters who have passed "Freestyle 4" by the November Learn to Skate test session.

### Middle Freestyle Group Numbers:

Skaters who have passed "USFS Preliminary Freestyle" and "Preliminary Moves in the Field"

### High Freestyle Group Numbers:

Skaters who have passed "USFS Juvenile Freestyle" and "Intermediate Moves in the Field"

**Middle and High placement will be determined by US Figure Skating Tests  
passed by the first day of skating, September 2018.**

### Featured Skaters:

Solo: Eligible skaters must

1. Pass "USFS Intermediate Freestyle" by September 2018
2. Have been a full registered member in the prior 2017-2018 season
3. Are currently registered as a full member of CFSC by September 2018.
4. "Novice Moves in the Field" requirement temporarily suspended for 2019 show.

Feature, Duet or Step Out: Eligible skaters must

1. Pass "USFS Juvenile Freestyle" by September 2018
2. Have been full registered full member in the prior 2017-2018 season
3. Are a registered full member of CFSC by September 2018
4. "Intermediate Moves in the Field" requirement temporarily suspended for 2019 show.

The feature, duet or step out will be at the discretion of the Ice Show Committee.

*Individual and Feature Skaters are responsible for their own costume and for hiring a coach to choreograph the number. Choreography professionals must be preapproved by the ice show committee for all individual skating numbers.*

**The Select Number:** IF the Ice Show Committee decides to have a select number, any 2018-2019 registered full member of the CSFC by September 2017 can try out.

\*\* Ice Show requirements are reviewed annually and subject to change each season.