



THE INSIDE EDGE

Elections!

Clinton Figure Skating Club

proudly announces our

2019 Election Nominees!

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Executive Board:

President: Peter Potasiewicz or Brenda Torruella

Vice President: Peter Potasiewicz or Brenda Torruella

Secretary: Sarah Kilian

Treasurer: Dan Haggerty

7 Board Positions available - Nominees:

Robin Klein (Incumbent)

Rebecca Kelly (Incumbent)

Jason Flemma (Incumbent)

Laura Garramone (Incumbent)

Shannon Peck

Brooke Haynes

Andrea Rice

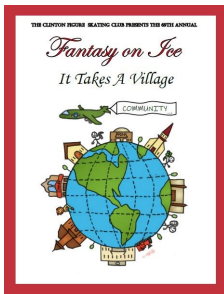
The election will be held on Tuesday, April 2, 2019, at 6:30 p.m.,

upstairs at The Arena.

Thanks to all of you who have stepped up to participate in the election process.

Thanks to all of you who expressed interest and cared enough to inquire.

Our club is only as good as the people who volunteer to help!



Ice Show News

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IMPORTANT ICE SHOW INFO

The Ice Show is just days away! We want to say thanks in advance to all the skaters and parents for all of your extra effort, patience, cooperation and hard work. You're the ones who make this show happen! We hope this newsletter will help tie together all the preparations for ice show week. Enclosed you will find Ice Show Week Schedule, Rules of Conduct, and important information regarding our show. We hope that this year's show is as much fun for everyone as past shows have been.

Tickets: If you need additional advance sale tickets, see Brenda Torruella, Kevin Lloyd or Pete Potasiewicz at the rink. Contact Brenda at 315-404-3196 to make any special arrangements for ticket pick up.

In the Lobby during each show:

Flowers: Buy your skater a beautiful bouquet for a job well done.

50/50 Raffles: Take a chance at some fast cash.

Auction: Buy raffle tickets to win some great gifts.

Program Books: Cherish the memories, sign some autographs.

DVDs: Recordings will be available for purchase. Visit the lobby table for pre-orders.

Ice Show week Concession stand:

Pre-ordered meals are available for skaters, coaches, parents and volunteers from the Arena concession stand Monday through Friday. Please see the concession stand to place your advance orders. A menu will be made available. Skaters will be at the rink long hours this week, please plan accordingly. Do not bring in food from outside vendors. Do not eat in dressing rooms or in costumes.

Elevators:

Elevators are available for guests needing assistance.

Ice Show Admission Guidelines:

Ice Show tickets (purchased in advance or at the door) are required for admission to EACH Ice Show performance. General seating is on a first-come basis. Skaters are not allowed in the stands during the shows.

Volunteer Passes:

Complimentary admission passes will be provided to persons who have signed up in advance to assist with specific duties and whose assignments have been confirmed by the Committee Chairpersons. The Club extends this token of appreciation for the extended time and services that many volunteers provide.

Parking Guidelines:

We ask ALL parents of skaters to park at the designated lots where **free** parking is available at The Clinton Central School. **Paid arena parking is for audience members ONLY.** Paid parking will be available in the Arena Lot on a first-come basis for a charge of \$5.00. The front of the arena will be used for Handicapped parking and Drop-off.

IMPORTANT ICE SHOW INFO Continued...

Important Information:

- Program books will be available the week of Ice Show the reduced amount of \$2.00. Normal price is \$3.00. One program book per skater.
- T-shirt orders will be passed out Ice Show week.
- Sign up to attend the annual Cast Party on April 4th following Friday's show at The Clinton VFW. Check for the poster at the Arena for details.
- Tights are available to purchase from the Pro Shop on Dress Rehearsal night or as needed.
- No over the boot or to the boot tights. Low/Middle/High Freestyle skaters must wear nude colored undergarments.

Backstage Personnel:

Room monitors have been assigned for each group. We are still in need of a few moms to help out! Our little Snow Plow Sam kids should have a parent or guardian backstage with them for each show each night. If you would like to volunteer, please contact Brenda Torruella at 404-3196.

No one will be allowed backstage without a volunteer pass starting Wednesday, April 3rd.

Rules of Conduct for Skaters and Volunteers

- No one is allowed backstage or on the ice, except skaters and volunteers who have signed up in advance. This starts on Wednesday, April 3rd No exceptions.
- Be prepared to stay for extra practices if the coach feels it is necessary. All skaters must be out of the arena by 10:00pm on rehearsal nights. All skaters MUST attend school on Friday, April 5th.
- Food and drink are **not** allowed backstage to protect costumes and keep rooms clean. Water is OK.
- Please bring crayons, coloring books, or games to pass the time in the dressing rooms, but **absolutely no markers or chalk.**
- NO skaters will be allowed upstairs in their costumes or skates.
- Costumes are club property and must remain in the arena at all times.
- Makeup will be applied for each show by our makeup staff.
- **Only** our feature skaters will be able to carry one small bouquet of flowers for the finale.
- All skates should be clean and polished with clean laces.
- Alcohol is strictly prohibited in the Arena.
- No bobby pins are allowed in hair as they are hard to see on the ice if they fall out and pose a hazard to skaters. Barrettes Are Allowed.
- If your skater is ill, do not bring them to the shows. Rooms are small and germs spread quickly.
- **Do not leave** personal belongings in the dressing rooms overnight.
- Please send your skater in with their tights and skates each night.

We hope you enjoy this year's production of Fantasy on Ice. We sure have enjoyed putting it on!
Want to have input in next year's show? Contact any Ice Show Committee member for more information.
Preparation and planning starts in August 2019.

ICE SHOW WEEK SCHEDULE

ALL REHEARSALS ARE MANDATORY

April 1st – April 7th

This is a very busy week! Please be sure skaters are at the rink and ready to practice on time.

Monday April 1st

2:30 – 5:30 Open Freestyle
5:30 – 6:10 KAC/Griffiss (Bridge)
6:10 – 6:20 **Resurface**
6:20 – 7:00 Herkimer Diamonds/Clinton Arena (LMH)
7:00 – 7:30 Stanley Theater (LMH)
7:30 – 8:00 Field Trip (TBD if needed)

Tuesday April 2nd

Run through the entire show

EXCEPT SNOW PLOW SAM

Report time: 5:15pm

Start time 5:30pm

Wednesday April 4th

Run through the entire show

Report 5:15pm

Run through start: 5:30pm

Thursday April 4th

FULL DRESS REHEARSAL – DON'T FORGET YOUR TIGHTS!

Report at 5:00pm

Ice Show Report Times:

Friday Night April 5th

Report at 6:15pm (Show at 7:00pm)

Saturday Night April 6th

Report at 6:15pm (Show at 7:00pm)

Sunday Matinee April 7th

Report at 12:15pm (Show at 1:00pm)

Volunteers STILL Needed!

Below you'll find a description of some of the ways we need help in making our Fantasy On Ice show run smoothly. **A sign up sheet is posted on the Club Room door** - please sign up and make your child proud!



Backstage We need Room Monitors to help kids put on skates, change costumes, keep costumes organized and off the floor, enforce rules, and generally attend to kids' needs while back-stage. We need a few people working the front gate to control traffic back stage and pass out identification badges to volunteers on show nights.

Snow Plow Sam level parents: Since these kids are pre-school age, we expect a nearly one to one ratio of parent/volunteer to child, so please plan on having someone available to volunteer as a room monitor on show evenings.

Lighting Runs a spot light during the shows. Must attend certain rehearsals prior to show night to practice. No prior experience necessary. We can show you what to do.

Ushers One usher is posted at each stair well in the rink. You assist patrons who are moving around during black outs between numbers with your flashlight and help to direct them to bathrooms and the concession stand.

Parking Lot Attendant Attendants assist with directing traffic for the paid parking at the arena during the show and provide alternative parking options if people ask for help.

Synchronized Skating News

The Shooting Stars placed 3rd at their competition in Cicero on March 9th.

Both the Silverettes and the Shooting Stars look forward to performing in the ice show. They would like to thank their coaches for another wonderful season!

By Molly Kilian





2019 CFSC Banquet

Our annual banquet will be held this year on April 27th from 6 - 9pm at Harts Hill Inn in Whitesboro. The cost will be \$16 per ticket.

The banquet is so much fun for our skaters! Any skater that moved up a level in Learn To Skate or passed a Freestyle / Moves In The Field test will be recognized as well as our seniors, student volunteers and of course our Sportsmanship award will be presented.

Good food, awards + music and dancing

What more could you ask for!!

A sign up sheet is posted by the doors to the ice!



Spring & Summer Ice!

Since our ice is melted down each year shortly after our show we team up with *The Skating Club of New Hartford* for Spring and Summer Ice. Lessons are run out of the Whitestown arena.

Sessions offered:

Spring Ice - April 3rd - May 22nd (9 weeks)

June Bridge Ice - June 3rd - June 24th

Summer Ice - July 10th - August 14th (6 weeks)

Skating throughout the summer helps our skaters stay sharp and gives them opportunity to build new skills and continue through the Learn To Skate badge level assessment process.

An email was previously sent with the full information, but if you have any questions or need the info again, please let us know ASAP!

We'd be happy to help you get registered!

Upcoming Dates

Fantasy On Ice Show - Apr. 5, 6 & 7
 Spring Ice in Whitestown - April 3rd - May 22nd
 New Hartford Test Session - June 2nd
 June Bridge Ice in Whitestown - June 3rd - June 24th
 Skaneateles FSC Competition - June 8
 Skating Club of Central New York Test Session - June 15
 Summer Ice in Whitestown - July 10th - August 14th
 Skating Club of Central New York Test Session - Aug 18

"I like figure skating because it's different, it's more difficult and requires more than other sports and it's an amazing source of expression" - Jenna Litz, 17



Committees

We have various club and Ice Show committees that could always use volunteers. If you are interested in helping out in any capacity please let us know! We Love Help!

Club Committees:

Learn To Skate
 Communications/Publicity
 Club Events
 Competitions/Sanctions & Tests
 Governance
 Homeschool
 Ice Show
 Membership
 Monitors/Volunteers
 Parent/Skated Education
 Special Olympics
 Synchro/Theater On Ice
 SafeSport /Injury Prevention

We do our best to keep you informed of EVERYTHING you need to know so check your email regularly, follow us on Facebook and our website has a lot of information

Life Of A Figure Skater

My Life of a Figure Skater

By: Molly Kilian

Age 17, Low Freestyle

Figure skating guides my spirit.

In the words of Evgenia Medvedeva, "Do I live to skate or skate to live? If there wasn't something I could put my everything into, life would be missing something. I live to skate."

I have competed in figure skating since I was in 8th grade. I have competed in Skaneateles, at the Empire State Games, in Cicero, and in New Hartford. Each competition is different but rewarding.

It meant a lot to me to perform at the Empire State Winter Games in Lake Placid two years in a row with the Silverettes on Olympic ice. Both years, but especially in 2019, we skated to the best of our abilities. Although the results were against us, I knew that we had done something amazing.

It meant a lot to me to skate a solo two years in a row in the 1932 Olympic rink. That is something that took so much courage; even two years ago I would not be able to imagine myself doing something like that.

The best part of the Empire State Games is watching all of your skating friends compete. We all cheer each other on and it is amazing. This year, the club started clapping during my solo to 'Best Day Ever'. It made me realize how lucky I am to skate in Clinton. Figure skating has given me friends who have been so supportive. Sometimes they believe in me when I don't even believe in myself.

I am nowhere near the talent of stars such as Alina Zagitova or Evgenia Medvedeva - however, they inspire me. Evgenia was injured but returned strongly to place second at the Olympics. She inspired me to keep going after my injury. I was feeling down because of everyone else progressing ahead of me but I came to realize that we are all growing at our own pace. No one is falling behind.

Although I may never be the best figure skater, I have a unique skill. I may not be able to land a triple axel, but I have something to practice every day.

