



# THE INSIDE EDGE



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## National Skating Month!



January is National Skating Month! National Skating Month is US Figure Skating's biggest annual campaign for recruiting new skaters. It's also an opportunity for us to plan energetic, family-friendly events that showcase the fun and empowering nature of ice skating. Our Learn To Skate committee has a couple of events planned for our skaters.

USFSA's theme for National Skate Month is;  
***Skate to Superpowers***

December 26th we are planning a fun night for all of our skaters! In lieu of regular lessons we will have a Super-hero themed night of games for everyone from SPS through High Freestyle!

We'll also host a *Bring A Buddy* skate night where our skaters can invite their friends or family to come skate with them! Start planning who you will invite: your skater can show off their moves, teach a friend or just spend some quality time together on the ice.

We're very excited about National Skating Month - please watch your email and Facebook for more information!

\*\* Freestyle skaters that would like to help with the game night, please sign up on the club room door.

## Meet our Interns

CFSC would like to introduce our newest Interns.

Congratulations to Jessica Martin and Renee Potasiewicz!

Both 16 and Juniors at Whitesboro Sr. High School, Jessica began skating when she was just 4 years old. Renee began skating with CFSC when she was 5. Both girls are not only talented skaters, but excellent students on and off the ice and our Lean To Skate crew seem to love them.

The skaters in the Internship Program will assist coaches during group lessons and will be asked to cover a group lesson if a coach is absent, so look for these young ladies this season as they shadow our coaches and further their *axe*llent skating careers!



Jessica Martin



Renee Potasiewicz

## Synchronized Skating News!

The Silverettes did a fabulous job at the Skaneateles Invitational on Nov. 30th.

Next Stop - The Empire State Winter Games In February.

Good Luck Skaters!







## Life Of A Figure Skater

### **My Life of a Figure Skater**

By: Kayla Jones  
Age 10, LTS 5

My name is Kayla Jones and I have been skating for 2 1/2 years. What it is like to be a skater, you have to work hard, don't give up, believe in yourself. A few words of advice for people who are just joining ice skating, don't let others bother you; if you fall, don't worry, just get back up again. What it's like to be on the ice for me: it makes me feel really good because it relaxes me after a long day of school. My favorite things to do on the ice are spirals, backwards crossovers, lunges, and the two foot spin. I plan to continue skating. Goodbye, and see you on the ice. Good luck!



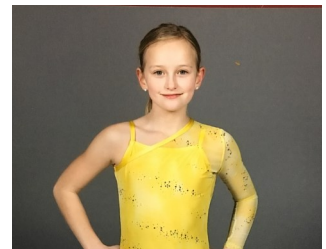
### **My Life of a Figure Skater**

By Ellie Batson  
Age 11, Mid Freestyle

Being a figure skater is fun and also pretty interesting. I've been figure skating for 6 years. I skate 4 to 5 days a week after school and very early on Sunday mornings. I like to have fun on the ice but also get work done. I also compete with figure skaters from other rinks and with my friends.

The ice show is one thing that I enjoy a lot at our rink. We have it every year and it's a lot of fun. I've also met a lot of new people that I don't go to school with and I have made a lot of friends including my best friend Clara.

When you're skating, don't worry about falling. If you never fell then you would never learn. There are things that you might get frustrated on or confused but it always makes sense later. Figure Skating is something that I enjoy a lot.



## Upcoming Dates

CFSC Testing - Jan 18  
 SC of New Hartford Competition - Jan 19  
 2019 Empire State Winter Games - Jan 31 - Feb. 3  
 LTS Testing - Feb 4, 5 & 6  
 Special Olympic Winter Games - Feb 23  
 Skating Club of Central New York Test Session - Mar 8  
 Cicero Skate Challenge - Mar 9 - 11  
 Fantasy On Ice Show - Apr. 5, 6 & 7  
 Skating Club of Central New York Test Session - June 15  
 Skating Club of Central New York Test Session - Aug 18

*"I like skating because I like to do synchro. I like doing the foot work together with the other girls. I like working as a team!"*

*- Kenleigh Winterton, 6*



## Committees

We have various club and Ice Show committees that could always use volunteers. If you are interested in helping out in any capacity please let us know! We Love Help!

### Club Committees:

Learn To Skate  
 Communications/Publicity  
 Club Events  
 Competitions/Sanctions & Tests  
 Governance  
 Homeschool  
 Ice Show  
 Membership  
 Monitors/Volunteers  
 Parent/Skated Education  
 Special Olympics  
 Synchro/Theater On Ice  
 SafeSport /Injury Prevention

We do our best to keep you informed of EVERYTHING you need to know so check your email regularly, follow us on Facebook and our website has a lot of information