

# THE INSIDE EDGE



## In this issue:

- Registration
- Hockeyville USA
- Ice Monitors
- Meet Our Coaches
- Internship Program
- Synchro News
- Ice Show News
- Passing
- Life of A Figure Skater
- Upcoming Dates
- Committees

## Registration

It's that time of year again! Registration for the new season is upon us!

### Registration Weekend

#### At Clinton Arena

Sept. 7: 6:00 - 8:00PM

Sept. 8: 10:00 - Noon

Sept 10: 6:00 - 8:00PM



If for some reason you can't make those times, please contact us and we will get you signed up!

Our season starts Sept. 14th!

## HOCKEYVILLE USA!



**Hockeyville Weekend will be here before you know it!!**

Days after Clinton Arena was crowned Hockeyville USA representatives from Kraft Foods and the NHL Players Association visited our historic arena to congratulate us as well as take a look around. Hockeyville is a title and a wonderful prize for our home, but it also brings with it a community celebration!

Hockeyville representatives sat down with the arena staff as well as members from our community (including a representative from CFSC) They explained what comes next. The end goal is a community celebration leading up to the NHL game that will be held at our rink. The committee has been meeting weekly to organize this huge event that will take place Sept. 22-25

Stay tuned for more information!



## Ice Monitors Needed!

Every season we offer the opportunity to our skaters to volunteer as Ice Monitors. Ice Monitors help out our newer skaters during the practice ice times of Learn To Skate lessons and often are asked by our coaches to assist with the lessons.

Monitors must be at least 12 years of age.

Our Volunteers will be able to earn hours they need for academic requirements and get more time on the ice and with our coaches. They will also have the opportunity to become role models for our younger skaters and are recognized at our annual banquet. It's a win - win situation for everyone!

If you are interested in volunteering this year please contact Laura Garramone



## Meet Our Coaches

No one can argue - we have the best coaches around! These ladies are the very best, each with experience in coaching Learn To Skate and freestyle, competing, synchronized skating, and of course choreographing our annual Ice Show. To learn more about each of them please visit our website under Professional Staff.

<https://clintonfsc.com/professional-staff.php>



Ellen Moon



Caitlin Fenton



Connie Yando



Nicole Godelle



Jennifer Campos



Bridget Roberts



Amy Lloyd

## CFSC Internship Program

CFSC offers a great opportunity for our skaters to become interns on the ice. The skaters in the Internship Program would assist coaches during group lessons and will be asked to cover a group lesson if the coach is absent. This program is open to all skaters that have reached the level of High Freestyle and are at least 16 years of age.

If you are interested in being considered, please send your resume and letter of interest to the CFSC Board.



## Synchronized Skating News!

Synchronized skating is a long standing tradition with CFSC and this year will be no different. We field 3 teams; The Shooting Stars, Silverettes and Silver Blades.

Our teams will compete again this year with the Empire State Winter Games being one of those competitions to look forward to. They also have different opportunities to demonstrate their talent at exhibitions as well as being a part of our annual Fantasy on Ice show.

The Shooting Stars is our introductory program to synchronized skating. This is open to anyone that has passed Learn To Skate Badge 2

To join the Silverettes the skaters must be in Freestyle 1 of higher.

The Silver Blade skaters must have passed Pre Juvenile Moves In The Field.

If you are interested in joining our Synchronized teams and want more information, please contact Sarah Kilian or Pete Potasiewicz or ask at registration!





## ICE SHOW NEWS

Our 69th Annual Fantasy On Ice Show is already in the planning stages!

**The theme will be revealed at registration!!**

Our committee meets regularly all year long to brainstorm and create new ideas and opportunities for our skaters. If you would like to be a part of the committee, or just sit in on a meeting to learn more about what we do and what needs to be done, please let Brenda Torruella know at registration and she will invite you to the next meeting. We are always welcoming fresh ideas and new faces!



### Regina Burton



Regina A. (McManus) Burton, 85, lifetime resident of Clinton, passed away Friday, June 22, 2018 at her home.

Regina was born May 22, 1933, in Clinton, the daughter of Thomas and Bertha (Roberts) McManus. She is a Clinton Central High graduate, Class of 1951. On January 27, 1957, Regina married Archie S. Burton in St. Mary's Church, sharing a union of over 60 years. Regina was an accomplished figure skater and instructor. She began her professional career touring the US and Canada as a member of "The Hollywood Ice Revue". Regina returned to Clinton where she was a charter member of Clinton Figure Skating Club. Not only did she instruct the skaters, she wrote, produced, and directed the Clinton Ice Shows for 26 years. Regina went on to become a founding member of the Skating Club of Utica - Whitestown, where she taught, as well as directed and co-produced their Ice Shows for 33 years. Regina was a member of the Professional Skaters Association where she earned the title of Master Rated Professional. She took great pride in her students and their accomplishments, including national competitors and multiple gold medalists. She was also a member of the Schooltown Questers, the Clinton Historical Society, and of the Skenandoah Club. Regina enjoyed tennis, golf, canoeing, and sailing.

*Thank you Regina for all that you created. Our future is built on your legacy.*

## 2019 Ice Show Requirements

Skaters must be in good standing with CFSC and full or joint members of CFSC by September 2018.

### Learn to Skate Group Numbers:

Learn to Skate 1 through Freestyle 4. Ice Show placement for Learn to Skate Levels will be determined immediately following the first test session in November. The Ice Show committee may also consider age and height as factors when determining placement.

### Low Freestyle Group Numbers:

Skaters who have passed "Freestyle 4" by the November Learn to Skate test session.

### Middle Freestyle Group Numbers:

Skaters who have passed "USFS Preliminary Freestyle" and "Preliminary Moves in the Field"

### High Freestyle Group Numbers:

Skaters who have passed "USFS Juvenile Freestyle" and "Intermediate Moves in the Field"

**Middle and High placement will be determined by US Figure Skating Tests  
passed by the first day of skating, September 2018.**

### Featured Skaters:

Solo: Eligible skaters must

1. Pass "USFS Intermediate Freestyle" by September 2018
2. Have been a full registered member in the prior 2017-2018 season
3. Are currently registered as a full member of CFSC by September 2018.
4. "Novice Moves in the Field" requirement temporarily suspended for 2019 show.

Feature, Duet or Step Out: Eligible skaters must

1. Pass "USFS Juvenile Freestyle" by September 2018
2. Have been full registered full member in the prior 2017-2018 season
3. Are a registered full member of CFSC by September 2018
4. "Intermediate Moves in the Field" requirement temporarily suspended for 2019 show.

The feature, duet or step out will be at the discretion of the Ice Show Committee.

*Individual and Feature Skaters are responsible for their own costume and for hiring a coach to choreograph the number. Choreography professionals must be preapproved by the ice show committee for all individual skating numbers.*

**The Select Number:** IF the Ice Show Committee decides to have a select number, any 2018-2019 registered full member of the CSFC by September 2017 can try out.

\*\* Ice Show requirements are reviewed annually and subject to change each season.



## My Life As A Figure Skater

### My Ice Skating Life

By: Kaelin Haynes, Age 10

I started off Ice skating when I was five. I was completely clueless of what it was at first.

My dad introduced me to the sport. He took me to Kennedy Arena. The second I got on the ice I fell on my back.

The only thing I can remember after that is when I had to get a 'helper' to help me stand. I used it for the whole time I was there.

Later in the year my parents insisted on getting lessons for skating. I immediately said no to them. I thought that all I'd do is fall on my back again.

I just didn't seem to understand the physics of ice skating.

Sooner or later, though, I agreed to get lessons. I really didn't know what to do for my first day. I didn't know who my coach was, where I was going to be skating, or what we'd be doing.

I tried it out for a couple of weeks, and I actually liked it! I went to every practice even if I was sick. And at the end of the year, I was in my very first ice show. I was dressed up in jean overalls with a raincoat and a big umbrella.

Moving on to my second year, my dad built a small ice rink in our backyard so I could practice in the winter when there was no practice. (I also got to see my dad fall on ice for once) This was around the time I had my first competition. It was fun and amazing. I loved the theme to the ice show, too, "Clue," I was the ladybug.

I also got to be on the synchro team!

My third year, (last year) I loved. It was by far one of the best years of them all. I had many more competitions than before. I felt like I was in a bigger level than ever before. Being a Russian was cool. (despite the fact that my hat kept on falling off)

That year was amazing.

I love Ice Skating and have earned a million medals on my shelf. I don't regret starting!

### My Life as a Figure Skater

By Paige Haggerty, Age 13

Life as a figure skater... wow! Well first off I started out when I was about six years old. My parents never expected me to do competitions and big test sessions, they just wanted me to learn so if I wanted to go skating with my friends later in life I could. After a while that started to change, my love for skating grew stronger and I loved being there! I worked my hardest to achieve my skating goals and complete the tasks that were given to me at every group lesson, every time I stepped onto the ice. As the years went on I learned many new jumps and spins that I grew to love. Eventually I started lessons with a private coach that I have been with for many years now. She is the one that pushed me to start competitions. We put together a program to go along with music from the movie *Frozen* and I skated to that for my first few competition years. I'm not going to say that competing wasn't hard because it was. Most of the reason is because I was nervous, I never knew what I was up against.

I continued to move up into low freestyle and out of group lessons. My coach and I made a new program to a song from the movie, *How to Train a Dragon*. With this song, I placed many times. I loved skating to this song. I had many jumps and spins that were difficult to learn but I enjoyed doing them.

A big moment that happens every year in my skating life is the Empire State Winter Games in Lake Placid, New York. I've been going for three years and soon four. I have placed every time I've went. Every year I make amazing memories that I will never forget. I have the time of my life watching my friends succeed and walking the same ground that Olympic figure skaters once did. In Lake Placid there are activities like zip-lining, dog sledding and skating on the lake.

I have achieved a lot throughout the years. I have made many lifelong friendships and worked my hardest through my sweat and tears. Now I will keep learning a new program and face the upcoming challenges ahead of me!

Figure Skating is my passion and no matter how many times I fall I will always get up and try again. I think a good lesson for everyone is to never give up on something you love, no matter the challenges that lie ahead.

## Upcoming Dates

Registration Weekend - Sept. 7, 8 & 10  
 Season Begins - Sept. 14  
 Hockeyville Weekend - Sept. 22-25  
 Hockeyville NHL Game - Sept. 25  
 Learn To Skate Exhibition Night - Nov. 2  
 CFSC Testing - Jan 18  
 SC of New Hartford Competition - Jan 19  
 Fantasy On Ice Show - Apr. 5, 6 & 7  
 2019 Empire State Winter Games - Jan 31 - Feb. 3

*"I like figure skating because it lets me  
 express myself in different ways."*

*- Sarah Klein*



## Committees

We have various club and Ice Show committees that could always use volunteers. If you are interested in helping out in any capacity please let us know! We Love Help!

### Club Committees:

Learn To Skate  
 Communications/Publicity  
 Club Events  
 Competitions/Sanctions & Tests  
 Governance  
 Homeschool  
 Ice Show  
 Membership  
 Monitors/Volunteers  
 Parent/Skated Education  
 Special Olympics  
 Synchro/Theater On Ice  
 SafeSport /Injury Prevention

We do our best to keep you informed of EVERYTHING you need to know so check your email regularly, follow us on Facebook and our website has a lot of information