



## Intern Coach Shadow Tracker

The Intern Program is overseen by the Pro-Committee Chairperson and members of the Executive Board.

### Year One Applicants who are selected to intern will be expected to:

- Shadow each professional coach who teaches group lessons for one hour each. Shadowing must be completed during the regular season and be completed by April 1<sup>st</sup>. *It is the intern applicant's responsibility to make sure each coach signs off on the time spent shadowing.* Time spent shadowing a coach cannot be double counted as volunteer hours for the volunteer program.
- Volunteer at club events (ex. Test Session, Bring-a-Buddy night, LTS competition and Exhibition).
- Attend meetings for the professional coaching staff as requested.

**Print the following page(s) and record:** *(Print multiple of the recording page that is appropriate for your tracking purposes. If working with the same coach(es) multiple times throughout the season, please print and use the first chart.)*

<b>Date/Time</b>	Please track the dates and times you shadowed the coach.
<b>Activity</b>	Track type of lesson - group or private, competition, test session, etc.
<b>Notes</b>	Feel free to write down things you have learned from this coach. Something they did that you liked or how it was different from another coach. This section is for you.
<b>Feedback</b>	Please give the coach an opportunity to give you some constructive feedback about your time spent together.

Intern: \_\_\_\_\_

Coach: \_\_\_\_\_

Date/Time	Activity	Intern Notes	Coach Feedback

Coach's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Intern: \_\_\_\_\_

Coach: \_\_\_\_\_ Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Date/Time	Activity	Intern Notes	Coach Feedback

Coach: \_\_\_\_\_ Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Date/Time	Activity	Intern Notes	Coach Feedback

Coach: \_\_\_\_\_ Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Date/Time	Activity	Intern Notes	Coach Feedback